



# ANNUAL REPORT

## MSU Extension Luce County

Food • Ag • Youth • Health • Environment • Community

Since 1916, the Michigan State University (MSU) Extension has helped residents in Luce County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

**7**

Programs delivered in Luce County

**99**

Luce County Residents Participated in programs offered by MSU Extension

**57**

Programs attended by Luce County residents, either in-county, outside of Luce County, or on-line

**31**

Program Participants in programs led by Luce staff on-line or statewide

**157**

Individual class sessions attended

**3**

Submissions to Ask An Expert

**28**

Programs delivered by Luce County staff

## LUCE COUNTY STAFF

**1**

County Paid Support Staff

**1**

AmeriCorps Aide

**1**

4-H Program Coordinator

**1**

Health Educator

**1**

Agriculture Educator

**7**

Partnerships and Coalitions

# LUCE COUNTY FOCUS AREAS

## Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Animal Agriculture
- Farm Business Management
- Field Crops
- Fruit Crops
- Ornamental Horticulture
- Consumer Horticulture
- D2L Pesticide Course
- Cabin fever conversations
- Summer 2021 Christmas Tree Association Meeting
- Michigan Beekeeping Webinar
- Business Management

## Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- 2021 Michigan Fish Producers Annual conference
- NotMiSpecies webinar
- Wild Spartan Series
- Michigan Birding 101
- 2021 Invasive species summit
- Small animal on-line workshop

## Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Current issues effecting Michigan local governments
- Budget for fiscally sustainability
- Asset management and planning
- Fiscally ready communities

## Community (cont.)

- UP Tourism coffee hour
- Regional meetings for ARPA
- Financial best practices
- Adulting 101 financial home ownership
- Affecting Michigan local governments
- Loan preparation for beginning farmers

## Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Changing negative self-talk
- RELAX Alternatives to Anger
- Stress less with mindfulness
- Tai Chi for Fall Prevention
- Michigan Cottage Food Law
- Importance of adult sibling relationships
- Opioid Task Force
- Making food fun for the picky eater
- Diabetes Prevention
- Mindful walking and thought surfing
- Preserving Michigan Harvest

## 4-H Programs and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- 4-H Spa Spin-club
- 4-H UP developer workshop
- 4-H Jedi masters
- Mi 4-H month of the military child goose chase
- Let dig spin-club
- Glass painting
- 4-H UP babysitting spin club
- Jedi-Masters May the 4th celebration
- Helping with helping hands teen leadership club
- 4-H Exploration Days

## 4-H Luce County

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

20

Clubs

113

Members

6

Adult Volunteers

5

Youth Volunteers

\$5,852

Dollar Value of Volunteer time